



## Well Child Checkup and Vaccine Schedule

Age for Well Child Checkup	Vaccines
<b>1 month</b>	
<b>2 months</b>	<b>DTaP, IPV, Hep B, Hib, PCV13, Rotavirus</b>
<b>4 months</b>	<b>DTaP, IPV, Hib, PCV13, Rotavirus Hep B (if not given at birth)</b>
<b>6 months</b>	<b>DTaP, IPV, Hep B, Hib, PCV13, Rotavirus</b>
<b>9 months</b>	<b>None (unless catch up needed)</b>
<b>12 months</b>	<b>PCV13, MMR, Varicella, Hep A</b>
<b>15 months</b>	<b>DTaP, Hib</b>
<b>18 months</b>	<b>Hep A</b>
<b>2 years</b>	<b>None (unless catch up needed)</b>
<b>3 years</b>	<b>None (unless catch up needed)</b>
<b>4 years</b>	<b>DTaP, IPV, MMR, Varicella (Kinder boosters)</b>
<b>5 years</b>	<b>Kinder boosters if not done at 4 years</b>
<b>6-10 years One every year thereafter</b>	<b>None, unless catch up needed</b>
<b>11-12 years</b>	<b>Tdap, Meningococcal 1 (Junior high catch-up), HPV</b>
<b>16-18 years</b>	<b>Meningococcal 2</b>

**\*Flu shots in September – February. Flu shots are recommended for all patients over 6 months of age.**

**If shots are missed, catch-up will be done at the first available opportunity.**

At each well child checkup you can expect us to:

- ❖ Weigh and measure your child to see how well he/she is growing since the last visit, and to compare him/her on the standard growth charts.
- ❖ Check heart rate and breathing.
- ❖ We will talk about safety and normal child development for your child's age.
- ❖ As your child gets older, we will check his/her eyesight, hearing and blood pressure.
- ❖ You can also expect to receive routine questionnaires at each Well Child Checkup and/or at other routine visits. Some of the questionnaires will be assigned to you through CHADIS one (1) week before your appointment and others will be given to you when you check in for the appointment. If you receive Notification that a questionnaire has been assigned to you through CHADIS, it is very important that you log onto CHADIS.com to complete it before your scheduled appointment.

Your child will be examined by the doctor or nurse practitioner at each well child checkup and you will have an opportunity to ask questions and discuss concerns about your child.

## **POSSIBLE REACTIONS TO IMMUNIZATIONS:**

Most children show no reaction to their shots; however, it is not uncommon for some children to have mild reactions to immunizations, usually lasting 2-3 days.

- Tdap, DTaP, IPV, HIB, HEPATITIS B, PCV13 – fever, redness or swelling at the injection site.
- MMR — Stings when given; reaction may be delayed 7-10 days and may consist of upper respiratory symptoms, fever, faint rash lasting 2-3 days.
- HEPATITIS A — soreness at the injection site, headache.
- VARICELLA — redness or soreness at the injection site, fever, may develop rash up to one month after the immunization.
- ROTAVIRUS — mild temporary vomiting or diarrhea.
- MENINGOCOCCAL, FLU — soreness at the injection site, redness, fever, headache.
- HPV — soreness or redness at the injection site, fever, headache

## **WHAT YOU CAN DO:**

Plan to spend more time with your child, loving, holding or rocking him or her.

For fever you can give Acetaminophen (Tylenol or other brands - generic is fine) every four hours, and/or a tepid (luke warm) bath. Dress your child in light-weight clothing and offer plenty of liquids.

For a swollen injection site, apply a warm wet washcloth to the area for 10 to 15 minutes 2-3 times a day.

## **WHEN TO CALL US:**

- ✓ If redness, swelling or fever lasts longer than 72 hours.
- ✓ If redness or swelling at the injection site gets worse after 3 days.
- ✓ If your child seems difficult to arouse or out of it when you would expect him or her to be awake.
- ✓ If your child cries and cannot be consoled.
- ✓ If your infant is less than 3 months old and has a temperature of 100.4°F or more.
- ✓ If your child is 3 months or older and has a temperature over 102°F for over 24 hours or 101°F for over 48 hours.
- ✓ If your child develops vomiting or diarrhea or other symptoms you were not expecting.

**WE ARE ALWAYS AVAILABLE FOR QUESTIONS AND A DOCTOR IS AVAILABLE AFTER HOURS BY CALLING OUR OFFICE PHONE NUMBER (503)640-2757.**